



Course Name	7 th Grade Physical Education	School Year	2019-20
School Name	Henderson Middle School	Teacher Name	Coach Diane Black
School Phone #	(678)874-2902	Teacher Email	diane_black@dekalbschoolsga.org
School Website	http://www.hendersonms.dekalb.k12.ga.us/	Teacher Website	http://hendersonms.dekalb.k12.ga.us/DianeBlack.aspx

Course Description:

This course provides students the opportunity to learn through a developmentally appropriate, comprehensive sequentially planned physical education program aligned with the Georgia Performance Standards. In 7th grade, the content standards emphasize meeting challenges and making decisions while working cooperatively to achieve a common goal to further refine, combine, and vary fundamental motor skills (e.g., running, skipping, throwing, striking). The focus of this course is to increase the physical competence, health-related fitness, self-responsibility, and enjoyment of physical activity for all students so that they can be physically active for a lifetime. The development of movement skill combinations and movement skill knowledge; maintenance of physical fitness to improve health and performance, and the requisite knowledge of physical fitness concepts, principles and strategies; and the application of psychological and sociological concepts, including self-responsibility, positive social interaction, and group dynamics, in the learning and performance of physical activity. Units of activity include: physical fitness (activities and assessment, concepts, development and maintenance); mature pattern throwing and catching skills (including flying disc skills) applied during small-sided games (team handball/Ultimate Frisbee/softball); golf (with golf ball-size whiffle balls) skills or disc-golf skills applied in golf or disc-golf lead-up games; volleying skills applied in small-sided games (2-on-2 or 3-on-3 volleyball); dribbling skills (hand dribble and foot dribble) applied in small-sided lead-up games (no larger than 4 on 4); and multicultural dance

Curriculum Overview:

The following is the curriculum-at-a glance. ***THIS IS ONLY A GUIDE AND IS SUBJECT TO CHANGE***

***** The teacher reserves the right to adjust the course work and or/ differentiate the instruction as needed to meet the needs of students and ensure academic success*****

	Unit 1	Unit 2	Unit 3	Unit 4
Unit Name / Topic	Fitness/Individual/ Outdoor Activities	Invasion/ Target	Net/Wall	Rhythm/Dance
Priority Standards	PE7.1b PE7.3e PE7.3j PE7.5a	PE7.1b PE7.1c PE7.2a	PE7.1b PE7.1c	PE7.1b PE7.5b
Supporting Standards	PE7.1a PE7.3k PE7.1d PE7.3l PE7.3a PE7.3m PE7.3b PE7.3n PE7.3c PE7.4b PE7.3d PE7.4c PE7.3f PE7.5b PE7.3g PE7.5c	PE7.4a PE7.1a PE7.1d PE7.2b PE7.2c PE7.4b PE7.4c	PE7.2a PE7.4a PE7.1a PE7.1d PE7.2b PE7.2c PE7.4b PE7.4c	PE7.1c PE7.4b PE7.5c
Themes	Bicycling Climbing Bowling Cricket Golf Orienteering Gymnastics Outdoor Adventure Jogging Juggling Softball Jump Rope Team Building Martial Arts Track-n-Field	Angle Ball Bocce Ball Flying Disc Hockey Rugby Team Handball Modified Flag Football Modified Lacrosse Modified Softball	Badminton Floor Hockey Modified Basketball Modified Soccer Modified Volleyball Paddle Tennis	Ballet Jazzercise Ballroom Dancing Calisthenics Contemporary Dance Hip Hop Dance Multicultural Dance Sequence Dancing

	Tumbling FitnessGram	Large Group Games Pilates Cardio Fitness	Ultimate Frisbee	Pickle Ball	Tennis	Square Dance Aerobic Dance Step Aerobics
Pacing	9 Weeks					
	3 Weeks		2 Weeks	2 Weeks	2 Weeks	
	18 Weeks					
	6 Weeks		4 Weeks	4 Weeks	4 Weeks	

Important Notes: Standards in BOLD are Priority Standards and represent rigorous performance expectations that students must master by the end of the course. All other standards are **Supporting Standards** and represent skills needed to attain the Priority Standards. There is flexibility built into the timeline for the units to accommodate for school-wide testing as well as performance-based activities and assessments. However, by the end of the year, all units will have been covered. **Fitness Assessment is mandated by the state and administered in each course.**

COURSE REQUIREMENTS	
1	Enter front locker room doors before class time or you will be considered late. All tardies will be noted and reported to the main office.
2	Dress out every day (Shorts/Sweats/Warm-ups/T-shirts/Athletic shoes/Socks are required)
3	Lock your belongings in the locker room with your own combination lock (No key locks)
4	Sit in your assigned spot upon entering the gym. Failure to do so will be noted and reported as a tardy
5	Do not sit on the edge of the stage. Use the steps to enter and exit the stage.
6	Follow all physical education teachers' directions
7	Do not touch any equipment unless instructed to do so by a teacher
8	Participate in all class activities
9	Doctor notes are required to be excused from dressing out
10	Parents need to contact the PE teacher by email or phone if child needs to be excused for other reasons
11	No horse playing
12	No food, gum, or drinks in the gym

Expectations/ Consequences/ Discipline: Students must adhere to the DCSS Student Code of Conduct, as well as specific class rules.

Grading System:

The DeKalb County School District believes that the most important assessment of student learning shall be conducted by the teachers as they observe and evaluate students in the context of ongoing classroom instruction. A variety of approaches, methodologies, and resources shall be used to deliver educational services and to maximize each student's opportunity to succeed. Teachers shall evaluate student progress, report grades that represent the student's academic achievement, and communicate official academic progress to students and parents in a timely manner through the electronic grading portal. **See Board Policy IHA**

GRADING CATEGORIES		GRADE PROTOCOL	
Formative Assessment	0%	A	90-100
Assessment During Learning	25%	B	80-89
Guided/Independent/Group Practice	45%	C	71-79
Summative Assessment/Assessment of Learning	30%	D	70
		F	Below 70

DISTRICT EXPECTATIONS FOR SUCCESS	
STUDENT PROGRESS	Semester progress reports shall be issued four and a half, nine and thirteen and a half weeks into each semester. The progress of students shall be evaluated frequently and plans shall be generated to remediate deficiencies as they are discovered. Plans shall include appropriate interventions designed to meet the needs of the students. See Board Policy IH.

ACADEMIC INTEGRITY	Students will not engage in an act of academic dishonesty including, but not limited to, cheating, providing false information, falsifying school records, forging signatures, or using an unauthorized computer user ID or password. See the Code of Student Conduct - Student Rights and Responsibilities and Character Development Handbook.
HOMEWORK	Homework assignments should be meaningful and should be an application or adaptation of a classroom experience. Homework is at all times an extension of the teaching/learning experience. It should be considered the possession of the student and should be collected, evaluated and returned to the students. Homework is expected to be completed as assigned. See Board Policy IHB.
LATE WORK	It is the policy of the Dekalb County School System that students will receive a denotation of "I" (Incomplete) for any missing assignments until student work is completed. Students work must be completed within the prescribed time limit. The maximum point allotment will be 80%. After 5 days, a mark of "0" will stand.
MAKE-UP WORK DUE TO ABSENCES	When a student is absent because of a legal reason as defined by Georgia law or when the absence is apparently beyond the control of the student, the student shall be given an opportunity to earn grade(s) for those days absent. Make-up work must be completed within the designated time allotted. See Board Policy IHEA. For each day of absence, you are required to find an article related to health or physical activity, type a 1-2 paragraph(s) summary (Include your name, date of absence, title of article, class period you're in and be printed out) and bring them in together for credit. Each paragraph has to be five sentences minimum. The article can be printed out or cut out of a newspaper or magazine. Put your name at the top of the article along with your date of absence and class period and I will give you full credit for the day of absence.

SCHOOL EXPECTATIONS FOR SUCCESS

CLASSROOM EXPECTATIONS	Students are required to be actively engaged in all activities in physical education classes regardless of the attire. For safety reasons, students are expected to wear proper attire and proper shoes when participating in an activity. Sandals, clogs, flip flops, etc. are unacceptable for physical activity. Expectations/ Consequences/ Discipline - Students must adhere to the DCSS Student Code of Conduct, as well as specific class rules.
MATERIALS AND SUPPLIES	Dress Out Clothes and Combination Lock; any other materials needed will be announced.
EXTRA HELP	Websites & Resources : www.doe.k12.ga.us
PARENTS AS PARTNERS	By signing this syllabus you are hereby considered knowledgeable of the requirements outlined above in the Physical Education Syllabus.

NOTE TO PARENTS: PLEASE SIGN BELOW AND RETURN

This is a syllabus for Physical Education class that provides a general plan for this course. Some deviations may be necessary. The teachers reserve the right to change or modify any section at any time during the school year to adequately meet the needs, abilities, and interest of students.

Please take the time to go over the student expectations with your child. He/She is expected to perform up to the class expectations and nothing less. We are willing to work with you in any way possible to ensure the success of your child in our class. Failure to adhere to all rules will result in a phone call home, after-school detention, points deducted off of grade, or an Administrative Referral. Please sign and return this promptly. If there are any questions please call (678) 874-2902.

PLEASE SIGN BELOW AND RETURN

I have read the syllabus of Coach Black for 7th grade Physical Education

Student Name (please print) _____

Student Signature _____

Parent/Guardian Signature _____

Date _____

Information	Parent/Guardian
Day Time Phone Number	
Cell Phone Number	
Home Phone Number	
Email Address	

PLEASE INDICATE MEDICAL CONCERNS:

Sincerely,

Diane Black Ed.S.